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ON THE CHOICE OF METHODS IN THE
TREATMENT OF UTERINE CANCER.

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TREATMENT OF UTERINE CANCER.**

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It is now very generally believed that cancer of the uterus is a local disease, and that at some stage of its existence it may be permanently removed. Likewise, it is understood that the curable period in the history of the disease is usually a very early one, and that the most favorable time for operative measures has very frequently passed before the presence of the disease is known or its nature recognized. Equally true with these propositions is a third—namely, that in order to effect a permanent cure the removal of the disease must be complete. If any portion be permitted to remain, recurrence will surely manifest itself.

The modern methods by which the removal of uterine cancer is essayed are chiefly three in number, as follows :

1. Amputation or excision of the diseased structures by knife, scissors, or curette.
2. Actual or chemical cauterization.
3. Extirpation of the entire uterus.



The first and second of these methods may, of course, be variously combined.

I desire to discuss and compare these plans with the view of determining the question: which of them should be preferred for the radical treatment of cancer of the uterus?

If the theory of local origin and limitation upon which all of these methods are based be true, it would seem unimportant, so far as permanency of result is concerned, which method be chosen, the only essential factor being thoroughness of removal; and the operator might feel at liberty to choose the method which sufficiently abundant experience may have shown to be the safer in immediate result. And why not?

For various reasons known to themselves certain operators have given preference apparently to one of the above mentioned methods, and adopted it to the entire or comparative exclusion of the others; and, as a result, we are now in possession of a sufficiently large number of observations, extending over a sufficient length of time to enable us, with a fair degree of accuracy, to estimate properly the relative value of the methods in question in respect to their immediate mortality and their remote results—the latter as bearing especially upon the all-important question of recurrence or reappearance of the disease.

Partial Removal of the Uterus.—In 1882 Dr. W. H. Baker, of Boston, reported the results of high amputation performed in twelve cases of cancer of the uterus, in which it was hoped the entire disease

could be removed.¹ No death occurred from the operation. In one case the disease returned after two months, death occurring in seven months. In another the disease returned almost immediately, and death took place in fifteen months. A third died three months after the operation. In a fourth recurrence took place nine months after operation: date of death not stated. In 1888, at the meeting of the American Gynecological Society, Dr. Baker stated that five of these women were living and well at periods of from six to ten years after the operation.

At the same meeting Dr. Thaddeus A. Reamy² reported the results which he had obtained by amputation in 55 cases. These were selected from about 300 cases of uterine cancer of all grades, because of the apparent possibility in them of entirely removing the diseased structures. There were two deaths—a mortality of 3.6 per cent.

From Dr. Reamy's report it appears that in 2 of the cases the ultimate result was unknown; in 14 there was recurrence of the disease within one year and subsequent death; in 8 there was recurrence in two years; in 4 there was recurrence at periods varying from two to four years. In 20 there was no recurrence, the periods of immunity being from two to eight years, and 2 of the patients included in the number died from other causes. Of the entire number, 3 others died from other causes, and free from recurrence of cancer, at twelve, thirteen, and fourteen months respectively after operation.

¹ American Journal of Obstetrics, 1882, p. 265.

² Transactions, 1888, p. 185.

In the *Annals of Gynecology*, January, 1889, Verneuil records his experience with this method of treatment. His cases were 22 in number. There were 2 deaths. In 9 of the cases there was recurrence of cancer in the cervix, while in 12 the cervix remained free from disease, although 1 of the patients was under observation for seven years. Verneuil classifies his cases into two series, the first series embracing the cases operated upon down to the end of 1884, being 17 in number, and the second series including those operated upon since 1884, 5 in number. The average length of life after operation in the first series was twenty-three months, and in the second twenty-nine months.

In 1887 Hofmeier published a table of 96 cases in which partial amputation was done at Berlin. The mortality was 7.4 per cent.; 19 of these patients were living at the end of four years after operation.

Since March, 1882, I have performed partial amputation of the uterus for cancer in 30 cases. Two deaths resulted directly from the operation—a mortality of 6.6 per cent. Of the 28 who recovered 11 are living and were in good health very recently. The periods which have elapsed since the date of the operation in these cases are as follows: In 1 six years and three months; 1 five years and nine months; 3 over four years; 1 over three years; 3 over two and a half years. In addition to the foregoing 2 others are living, but as the operations were made upon them less than two years ago, I have not included them.

Some of the cases are embodied in this report

only for their bearing on the question of immediate mortality, the disease having been so far advanced at the time of operation as to render it certain that the affected tissues could not be safely removed, and in which amputation with accompanying or subsequent curetting or cauterization was used only as the most efficient means of palliation. Such cases were Nos. 1, 3, 8, 16, 22, 25, and 26 of the table. Deducting these 7 and the 2 deaths, 9 in all, from the entire number, it leaves 21 from which to compute the ultimate result of the operation. As already stated, 9 of these are alive and well, from two and a half to more than six years after operation.

From the table on next page it will be observed that the earliest period in which symptoms of recurrence appeared after operation was four weeks, in a single case, and I am quite sure I did not in that instance remove all of the disease. Indeed, in very many cases—I think I may say all—it is impossible to know in advance of, or during, an operation the extent of cancerous involvement, and hence it is equally impossible to know, except through lapse of time, whether an operation will be or has been radical. And this applies to all operative methods. Whenever symptoms of so-called recurrence are manifested within a few months after an operation, it may very generally be accepted that the fact indicates a continuance rather than a recurrence, and that the disease in such cases has only been partially removed. But while this inability to define the anatomical limits of cancer must always affect the

TABLE SHOWING THE RESULTS IN THIRTY CASES OF

No.	Initials of patient's name.	Residence.	Age.	Date of operation.
1	R. M.	Englewood, Ill.	41	March 17, 1882
2	K. M.	Chicago	45	April 17, 1883
3	S. M.	Chicago	45	June 16, 1883
4	N. A. L.	Ottawa, Ill.	32	August 15, 1883
5	M. S.		54	Jan. 29, 1884
6	T. Y.	Chicago	41	Feb. 6, 1884
7	G. M.	Chicago	57	April 12, 1884
8	L. G.	Chicago	26	April 14, 1884
9	O. S.	Chicago	41	May 25, 1884
10	J. M.	Mattoon, Ill.	38	May 5, 1885
11	A. M.	Chicago	48	May 30, 1885
12	H. H.	Chicago	72	June 17, 1885
13	M. W.	Dubuque, Ia.	50	Sept. 23, 1885
14	M. J.	Chicago	40	Nov. 25, 1885
15	R. M.	Leavenworth, Kansas	50	Dec. 2, 1885
16	L. H.	Chicago	47	May 8, 1886
17	A. C.	Chicago	51	June 24, 1886
18	R. L.	Dubuque, Ia.	64	Oct. 23, 1886
19	E. W.	Aurora, Ill.	50	Feb. 14, 1887
20	R. S.	Chicago	40	Feb. 22, 1887
21	J. L.	Chicago	38	March 10, 1887
22	E. L. T.	Walkerton, Ind.	42	Dec. 21, 1887
23	E. K.	Chicago	40	April 30, 1888
24	I. J.	Chicago	64	May 3, 1888
25	A. E. W.	Oskaloosa, Ia.	57	May 22, 1888
26	M. M.	Fort Wayne, Ind.	54	July 14, 1888
27	J. H.	Evanston, Ill.	55	May 17, 1889
28	E. J.	Chicago	42	July 29, 1889
29	E. P.	Chicago	49	Oct. 29, 1889
30	L. M. W.	Waverley, Ia.	65	Nov. 8, 1889

HIGH AMPUTATION OF THE UTERUS FOR CANCER.

Result.	REMARKS.
D.	Death on sixth day.
R.	Died eight months after, from recurrence of disease.
R.	Recurrence in four months. Date of death not known.
R.	Had a child two years later. Alive and well in October, 1889, six years and two months after operation.
R.	Was "perfectly well" June, 1887, three years and seven months after operation. No later history.
R.	No symptoms of recurrence Nov. 1, 1889, five years and nine months.
R.	Recurrence in eleven months; death in fifteen months.
R.	Recurrence in two months; death in four months.
D.	Death on fifth day.
R.	Disease recurred in parametria. Death four and a half months after operation.
R.	No recurrence. Health good August, 1889, four years and three months after operation.
R.	Subsequent history unknown.
R.	No return; health good four years and two months after operation.
R.	Well and free from recurrence four years after.
R.	Well February 11, 1886; no later report.
R.	Recurrence in five months; death in eight months.
R.	Death in nine months from recurrence.
R.	No recurrence three years after.
R.	No recurrence Nov. 1889, two years and nine months.
R.	Well and free from return at end of two years and eight months.
R.	No return. Health good two years and seven months later.
R.	Recurrence in four months; date of death unknown.
R.	Recurrence and death in six months.
R.	No recurrence in Sept. 1889, one year and three months.
R.	Died three months later.
R.	Recurrence and death nine months later.
R.	Disease not all removed; symptoms continue.
R.	Symptoms of recurrence at four months.
R.	Too soon to know remote result.
R.	Too soon to know remote result.

prognosis of an operation, it should not deter from an attempt at removal of the disease in any case in which removal may seem feasible; and it should admonish us to be as thorough in operating as may be consistent with the immediate safety of the patient.

Cauterization.—In *The Lancet* of August 2, 1884, there was published an abstract of a report made by Pawlik of 136 cases of cancer of the cervix which had been treated, at Vienna, by means of the galvano-cautery. The report embraced a period of twenty-three years. Of the entire number, 10 died soon after the operation, making a mortality of 6.6 per cent. Of the 126 survivors, 33 were in good health and free from recurrence at periods varying from two to twenty-one years.

At the annual meeting of the American Gynecological Society, held at Boston in September, 1889, Dr. John Byrne, of Brooklyn, read a paper embodying a report of 367 cases of uterine cancer treated by the galvano-cautery, the observations extending over a period of twenty years. The cases being classified according to the portion of the organ affected, the vaginal portion of the cervix was involved in 59, the entire cervix in 81, both cervix and body in 219, the body alone in 8. The mortality of the operation was *less than 1 per cent.* The period of exemption from recurrence varied greatly according to the anatomical seat of the disease, being greatest in those cases in which it was confined to the vaginal portion of the cervix, and least in those in which the corpus was alone involved.

In 36 cases of the former which were kept under observation, the average period of freedom from return was eight years and seven months, 30 remaining well over five years. In the 8 cases in which the corpus was alone diseased, the average period of exemption was two years. In more than one-half of the entire number of cases treated there was freedom from symptomatic return for from three to eighteen years.

Hysterectomy.—The removal of the entire uterus for cancer has been performed probably not less than 1200 to 1500 times. At first the organ was removed by laparotomy, but the operation was attended by such a frightful mortality—not less than seventy-two per cent.—that it is no longer done when the vaginal method is feasible, the latter being vastly safer. Dr. Sarah E. Post has compiled some extremely valuable statistics bearing upon this point. In the *American Journal of Obstetrics* for 1887, she published a table comprising 722 cases, and showed that the mortality of the operation was twenty-four per cent.; and, although the statement that the death-rate is steadily diminishing is probably true as applied to a few operators who have had exceptionally large experience, it is hardly true concerning the great mass of operators. Indeed, I have no doubt that if all the cases were published, it would appear that the mortality of the operation is now, and always has been, considerably over thirty per cent. But, accepting the published statistics as correct, the mortality of hysterectomy, as compared with partial amputation, is four or five times greater,

and as compared with cauterization, eight or ten times greater. However, the advocates of hysterectomy claim that, as a compensation for this greater death-rate, the disease is much more likely to be wholly removed, and thus freedom from recurrence, and prolongation of life more certainly secured. The apparent reasonableness of this claim cannot be denied, but, unfortunately, observed facts, now in great number, show conclusively its fallacious character. For example, in 1886, Dr. Post presented a table showing the results of 137 cases; 40 of the patients died—mortality 29 per cent. Of the 97 survivors, only 18 were alive at the end of eighteen months to two years. In Pawlik's 136 cases—one less in number—with a mortality of 10, there were 33 alive and well at from two to twenty-one years. Hofmeier, in the report already referred to, of 96 cases of partial amputation, compared the late results with those in 33 cases in which the entire organ was removed. While 19 of those in whom partial amputation had been done were alive at the end of four years, all the others were dead. In Fritsch's 60 cases, with 7 deaths, only 2 were alive after three years. Terrier has recently reported 18 cases. There were 4 immediate deaths; in 3 cases the disease could not be removed, and of the 11 who recovered, only 4 were free from recurrence at the end of two years.

At the last International Medical Congress Martin reported the subsequent histories of 214 women who had survived the operation. Of these, Leopold had 42, Schroeder 46, Fritsch 60, and Martin 66. Of

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all this number only 5 were alive after four years. Hence, we may say that the successful removal of a cancerous uterus is a very different thing from the successful removal of a uterine cancer.

Having considered the relations which each of the three prominent methods of dealing with cancer of the uterus sustains to the questions of immediate mortality and remote results, it is not difficult to fix their status.

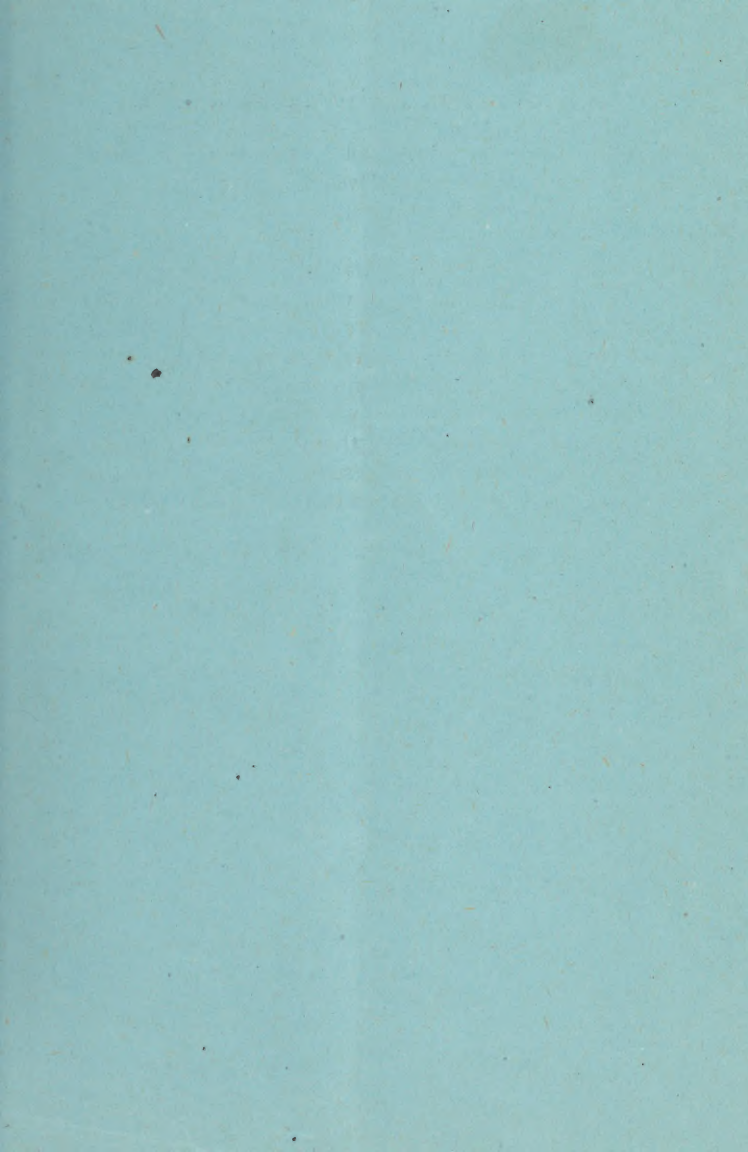
Partial amputation is doubtless a beneficial procedure. With a low rate of mortality, probably not exceeding 5 or 6 per cent., it has in many cases removed the disease permanently, and in others stayed its progress and prolonged life.

In a still greater degree actual cauterization has been shown to be potent for good. The recently published results obtained by Dr. Byrne are wholly without parallel, both in the extremely low death-rate and the greatly prolonged immunity from disease. Dr. Byrne's report is unquestionably by far the most favorable showing that has ever been made concerning any method of treatment for uterine cancer in any considerable number of cases; and as such it distinctly challenges our consideration.

Hysterectomy is a ghastly failure. Not only has it given worse results, both immediate and remote, than other methods of treatment for cancer of the uterus, but I affirm that it is worse than no treatment at all. A hundred women with uterine cancer will live a greater aggregate of years if left alone than if subjected to hysterectomy.

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And now, as candid physicians with an honest appreciation of the duties we owe to our patients who place their trust in our integrity as well as in our skill; as men and women willing to be guided by the logic of facts rather than by our predilections or falsely found preferences, what should be our attitude in this matter? If we desire to secure the best interests of a patient suffering with uterine cancer, what method of treatment should we choose for her? Should it be one which with the least risk promises the greatest length of life? or, one which with the greater risk promises the shorter period of immunity from disease and death?



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